

# From The Top



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## Department News

WASHINGTON  
UNIVERSITY  
DEPARTMENT  
OF  
NEUROLOGY  
NEWSLETTER

### Dear Neurology Faculty and Staff—

Welcome to the second edition of the Neurology newsletter. We were extremely pleased to hear so many positive comments following the distribution of the first newsletter and certainly welcome further comments and suggestions for future issues.

As an announcement, there have been tremendous changes to the Department Private section of the Neurology web site. When you have a chance, take a peek and let us know of any suggestions for additions or changes you may have. The login for the department private site is "Neurology0(+windowslog-in)" The password is your windows password. And don't forget that comments and suggestions are always welcome for the Neurology Newsletter as well.

Thank you so much.

### Aging & Dementia John C. Morris, MD, Section Head

#### 1<sup>st</sup> Annual Norman R. Seay Lecture

September 19, 2006: The Alzheimer's Disease Research Center (ADRC) held the first in an annual series of lectures to honor long-time friend and supporter, Norman R. Seay. The lecture focused attention on clinical and basic science research that has a direct bearing on memory and aging in African Americans.

Mr. Seay is a renown civil rights leader in St. Louis, retired University



of Missouri—St. Louis administrator, and President of the Federation of Block Units, an affiliate of the St. Louis Urban League. Since 2000, he has served with distinction as the Chair of the ADRC's African American Advisory Board. We are grateful for his encouragement, insight, and service throughout these many years.

Jennifer Manly, PhD, Associate Professor of Neuropsychology in Neurology at the G.H. Sergievsky Center and the Taub Institute for Research in Aging and Alzheimer's Disease at Columbia University, was the first Norman R. Seay lecturer.



Dr. Manly spoke to an audience of 100 folks from the University and greater St. Louis communities, including five members of Mr. Seay's extended family. She discussed memory and aging research in African Americans, with an emphasis on neuropsychological assessment and culture fair testing.

Dr. Manly was welcomed to St. Louis on the 18<sup>th</sup> at a special dinner with 20 members of the ADRC's African American Advisory Board. Also during her visit, Dr. Manly consulted with ADRC Director, Dr. John C. Morris, and colleagues on further improving African American outreach for dementia-related studies in St. Louis.

The Norman R. Seay Lecture will take place on a Tuesday in September every

year. We are accepting nominations for next year's speaker. Contact ADRC Education Core Leader, Dr. Tom Meuser, with your nomination (314-286-2882; meuser@abraxas.wustl.edu).

### 6<sup>th</sup> Leonard Berg Symposium Update

The dates and topic are now set for the 6<sup>th</sup> Leonard Berg Symposium. The event will take place on Friday-Saturday, September 28-29, 2007, at the EP Newman Education Center on the medical campus. The symposium, which honors ADRC founding director, Dr. Leonard Berg, will focus *new and potential therapies for protein misfolding disorders, Alzheimer's disease and others*. Invitations to faculty presenters are going out soon. A call for posters will be issued early next year. As during past Symposia, accepted poster presenters may attend at no charge and have an opportunity to share their work with researchers from across the US and world. Details about the symposium will be posted to the ADRC website in the next few months (see <http://alzheimer.wustl.edu/>).

### Neuro-Immunology

#### Dr. Anne Cross

Dr. John Rinker II, Fellow in the MS Section, was chosen to give a platform presentation at the upcoming ACTRIMS meeting in Chicago. That meeting is America's Committee for Treatment and Research in MS.

Only 4 submissions out of over 60 were chosen to give platform presentations at this meeting, which will be October 8, 2006 just prior to ANA.

The title of Dr. Rinker's presentation is, "Elevated Spinal Fluid Free Kappa Light Chains Predicts Disability in MS".

This is a quarterly newsletter that will be sent out as a PDF file and will be linked to the Department of Neurology website at [www.neuro.wustl.edu](http://www.neuro.wustl.edu). To submit to this newsletter for possible publication; please see contact information on the last page.

## Department News Continued...

### **Movement Disorders**

#### **Dr. Joel Perlmutter**

Michelle Burack, MD, PhD and Allison Wright Willis, MD joined on July 1, 2006, the Movement Disorders Section as fellows. Dr. Burack will focus her research efforts on the causes of dementia associated with Parkinson disease. She together with Dr. Joel S. Perlmutter have a 5-year project funded by the Greater St. Louis Chapter of the American Parkinson Disease Association to use a new PET tracer called PIB to determine whether it can distinguish dementia due to co-existing Alzheimer's from that caused by diffuse Lewy body disease. Dr. Wright Willis is working with Dr. Brad Racette on a project to study the relationship between environmental manganese exposure and parkinsonism using global information systems and public disease registries.

### **Neuro-Critical Care**

#### **Dr. Michael Diringer/**

#### **Dr. Katia Axelrod**

The NNICU is happy to announce that Dr. Sarah Uffindell will soon join the faculty as a Neurocritical care fellow.

“...Schlaggar showed that brain tissue could reprogram itself to serve different purposes.”

### **Pediatric and Developmental Neurology**

#### **Dr. Ed Trevathan**

Dr. Brad Schlaggar, Assistant Professor of Neurology, Neurobiology, Pediatrics and Radiology, was quoted in the July 3rd issue of the New Yorker on brain plasticity after hemispherectomy. Click on the link to read the full article. [http://www.newyorker.com/fact/content/articles/060703fa\\_fact](http://www.newyorker.com/fact/content/articles/060703fa_fact)

Dr. Schlaggar was also quoted in an article in the July/August issue of Atlantic Monthly on "Extreme Parenting" referring to what the author refers to as the Baby Genius Edutainment Complex. For the full story, please click on the link below.

<http://www.commercialexploitation.org/news/extremeparenting.htm>

### **Neuro-AIDS Research**

#### **Dr. David Clifford**

Dr. David Clifford (Seay Professor of Clinical Neuropharmacology in Neurology) was recently appointed as an Adjunct Professor of Neurology at Addis Ababa University in Ethiopia. This school has recently started one of the very few neurology training programs in Africa, currently with ~8 physicians in training. At present there are only ~4-5 physicians with special neurology training in this country of ~70 million. The chief, Dr Guta Zenebe has developed ties with Dr. Clifford (through his former fellow Dr. Enawgaw Mehari), as well as with Mayo Clinic neurologists who have now been visiting periodically. Dr. Clifford arranged for the Addis group to have access to the teaching PowerPoint lectures of Washington University neurologists introducing neurology to students and has visited the program twice this year providing teaching rounds on each occasion, most recently in July. Access to the PowerPoint lectures, augmented a library arranged by NINDS officials at NIH, providing growing learning resources that will greatly enrich education in a department with few members with subspecialty training. We hope to enlarge the group of physicians willing to visit Addis Ababa and provide lectures on areas of special expertise to this important group of physicians in training.



Dr. Clifford with physicians and residents of the neurology training program at Addis Ababa University in Ethiopia. (July 2006)

### **Neurology Business Office**

#### **Tom Giandinoto—**

#### **Business Office Manager**

It has been noticed lately that many of our workforce members are not in full compliance with HIPAA Security Policy # 9 - Facility Access Control, Section 2.

This policy states, " Each Business Unit must ensure its Workforce members wear their University Identification Badges at all times when performing duties on behalf of a WU Business Unit."

Physical security measures are a critical component of our overall security plan and should be taken seriously. Please remind all faculty and staff that wearing their ID badge is one way in which they can help our organization maintain a safe and secure working environment and failure to do so is a sanctionable offense. This is one area in which Business Units should utilize regular Security Reminders.

The HIPAA Privacy and Security offices appreciate your assistance in this area.

Tim Brooks  
Washington University School of Medicine  
Director, Central Information Technology  
Services  
314-362-4223

### **Adult Epilepsy**

#### **Dr. Larry Eisenman**

Please join us in welcoming Dr. R. Edward Hogan who is joining us as the new director of Adult Epilepsy. We would also like to welcome Dr. Ziad Al-Aani, our new epilepsy fellow.

### **Sleep Center**

#### **Dr. Stephen Duntley**

Congratulations to the Sleep center for receiving accreditation from the American Academy of Sleep Medicine (AASM), on July 31, 2006, as a Provider of the Accredited Sleep Technologist Education Program, A-STEP. Washington University School of Medicine, Sleep Medicine Center is one of the first sites in the nation to earn this accreditation. [For the full story click here.](#)

# IT & HELP DESK

If you have an employee/student/visitor who no longer works in your division/section you will need to send in a Request for New Account Form. We do not have a separate form for deactivating an account. Under the section for date of activation for the employee there is a spot to mark when their accounts should be deactivated. The form can be downloaded. It is located at the bottom of the Neurology webpage under **Information Technology** or simply click on the link below: [http://www.neuro.wustl.edu/NAF\\_2006.07.29.doc](http://www.neuro.wustl.edu/NAF_2006.07.29.doc)

If you had an employee/student this summer who is no longer working in your area please fill out the Request for New Account Form but select "deactivating accounts". If you use the original form that you sent to request the account please write deactivate in the request type section and fill in the effective date.

You will need to send the completed form to Nicole Swinson at [swinsonn@neuro.wustl.edu](mailto:swinsonn@neuro.wustl.edu) and cc Shirley Moore at [moores@neuro.wustl.edu](mailto:moores@neuro.wustl.edu).

## Few Important IT tips:

- Reboot at least once a week
- Never Shut Down. Always Restart. PC's should remain running at all times.
- In accordance with the Neurology Policies and Procedures each user is required to change their password every 90 day period. If you know that you have not changed your password within the last 90 days please contact the Neurology Helpdesk at 747-1165.

Reminder to all supervisors:

If you have an employee/student/visitor who no longer works in your division/section you should fax

a deactivation form which is located on the Neurology webpage under Information Technology at the following link: [http://www.neuro.wustl.edu/NAF\\_2006.07.29.doc](http://www.neuro.wustl.edu/NAF_2006.07.29.doc)

Neurology IT is currently in the process of revamping our Helpdesk Support Website. The new website will provide an overall cleaner look and include technical documents and a section to submit ticket requests for PC related issues.

Until this site is serviceable we want to remind all users to email your ticket requests directly to [neusupport@neuro.wustl.edu](mailto:neusupport@neuro.wustl.edu).

## To contact the IT help desk,

- call 747-1165,
- send an e-mail to [neurosupport@neuro.wustl.edu](mailto:neurosupport@neuro.wustl.edu) or
- visit their website at <http://neusupport.wustl.edu>

## HIPAA

In this newsletter I would like to address my most commonly asked Questions.

### What does HIPAA mean?

HIPAA stands for Health Insurance Portability and Accountability Act. If you go to the HIPAA website <http://hipaa.wustl.edu/>, you will notice this information at the top left of the page.

### Where do I find the meaning for TPO and PHI?

You will find the **Glossary of Terms** on this page: <http://hipaa.wustl.edu/>. TPO stands for treatment, payment and (health care) operations. They are listed individually in the glossary of terms. PHI stands for protected health information

### How do I find out about the Sanctions Policy?

The Sanctions Policy is located on the same page as the Glossary of Terms. The Sanctions Policy has different levels of discipline for HIPAA violations. The levels range from careless to intentional and unauthorized disclosure or destruction of patient/human subject information. The most severe sanction is termination. The employee's work history/personnel record are also considered when level of sanction is determined.

### Why do I have to have training for the department when I just did the WU HIPAA Privacy Training on-line?

Each department must create department specific HIPAA procedures that are specific to the depart-

ment. The Neurology Department has created procedures for the department and they are on the HIPAA website. To view the Neurology Department procedures go to:

<http://aladdin.wustl.edu/medadmin/hipaa.nsf/procedures?>

[Open-View&Start=1&Count=1000&Expand=23.1#23.1](http://aladdin.wustl.edu/medadmin/hipaa.nsf/procedures?Open-View&Start=1&Count=1000&Expand=23.1#23.1)

### Can I look at my own record in Clindesk?

It is inappropriate to access Clindesk to read medical information that is NOT related to treatment, payment or operations, (TPO). This access includes family members, coworkers and friends if you do not have the proper authorization to view the records. Please review the sanctions policy and the Neurology Procedures regarding accessing PHI.

### Can I release records to a physician that our patient is going to see because of a referral from our office?

There is confusion related to obtaining/sending PHI from/to a Primary Care Physician or Referring Physician. No release is necessary if the release of PHI (protected health information) is for TPO (treatment, payment or operations). If the Primary Care Physician or Referring Physician insist on a release and it inhibits care, there is a release form that is on the WU HIPAA website. <http://hipaaprocedures.wustl.edu/Forms/AuthorizationReleaseRecord.pdf>

Furthermore, secondary records sent to the treating physician that are used as part of the decision making in the treatment of the patient can be sent to another provider as part of the designated record set and should be filed in the patient's chart accordingly.

### Can I still use a sign up sheet in our clinic? If I can, what can I put on it?

HIPAA prefers no sign up sheet in a clinic, but if one is used the minimum information should be on the sign up sheet. Sign up sheets may include: Patient name, provider to be seen and if necessary time of arrival. Patients can be called from the waiting room by their full name. Employees cannot discuss demographics, diagnosis, symptoms or any PHI at the front desk or waiting room where the information can be overheard.

Who do I contact if I need assistance with any HIPAA matter?

SHIRLEY

Shirley Moore

Neurology/HIPAA Privacy Liaison

by e-mail at [moores@neuro.wustl.edu](mailto:moores@neuro.wustl.edu)

or

by phone at 747-0532

You can also look at our HIPAA policies and procedures at <http://hipaa.wustl.edu>

# EDUCATION

## Resident Updates—

### Resident Schedules Web-page

Since May 2006 all resident schedules have been available on the Neurology Department's Website. Anybody can access them at any time within the "Departmental Only" section, using their username and password for the *Neurology0* domain. This year we have added a number of new schedules, to try to make all information as accessible as possible. This location will have the most up-to-date information at all times. Please plan to check the website often.

### Carol Lane—

### Residency Coordinator

The neurology residency training program is pleased to announce ACGME re-accreditation for 5 years, 2011.

We are currently reviewing Neurology residency applications. Interview dates begin November 14 and go through January 30. We are using ERAS this year whereas we've used the San Francisco Match in previous years so this is a learning experience for everyone reviewing the applications.

### Pediatric Residency Program

### Dr. Brad Schlaggar

### Education Committee

The pediatric neurology residency training program is pleased to announce ACGME re-accreditation for 5 years (through 2011) and approval for expanding to up to 4 residents per year. We welcome our new PGY3 residents: Dr. David Hinkle, Dr. Amy Nunnikhoven, and Dr. Chris Smyser. Congratulations to Dr. Amit Malhotra for completion

of his pediatric neurology residency. Amit has joined our faculty and immediately assembled our core curriculum lecture series presented daily throughout July and early August. This lecture series will be presented each year for the benefit of our incoming PGY4 residents, but all residents, students and faculty are welcome.

### Medical Student Updates—

### Pre-Clinical Neurological Education

### Dr. Allyson Zazulia Coursemaster—

Please join me in congratulating Dr. Bill Powers and Dr. Joel Perlmutter for receiving Distinguished Service Teaching Awards from the class of 2008. The award ceremony will be held on Wednesday, November 15, 2006, at 5:15 p.m. in the EPNEC Main Auditorium, and is followed by a Reception at 6:15 - 7 p.m. in the EPNEC Atrium Lobby.

The Student Interest Group in Neurology (SIGN) recently held their first event: a panel discussion with faculty from various neuro-related fields. We are working to establish a "CO-SIGN" chapter (College Student Interest Group in Neurology) at the undergraduate campus in an effort to stimulate interest in neurology even earlier. Paul Stein has agreed to serve as the faculty advisor for CO-SIGN.

We are just entering the busy season for preparations for the Diseases of the Nervous System course and the neurology H&P hospital sessions. Requests for handout revisions will be out shortly to all DNS lecturers and requests for small group preceptors will follow. Please agree to contribute

your time--share your knowledge and help shape our students' early perception of neurology.

### Dr. Robert Naismith Coursemaster— 3rd Year Neurology Clerkship

We are happy to announce that the student call rooms have returned and students are once again able to take overnight calls. These rooms are located in the bank of rooms behind 4321 Rand Johnson.

*"Congratulations to Dr. Amit Malhotra for completion of his pediatric neurology residency. Amit has joined our faculty and immediately assembled our core curriculum lecture series presented daily throughout July and early August. "*

In addition, thank you so much for your continued teaching efforts with the students and please continue helping us make this year successful by remaining available to the students while they are on the floor and seeing patients for the first time. Although we are all busy, the students really appreciate the personalized attention they receive on our service.

Again thank you for your cooperation and efforts that continue to make this department successful in educating each and every student that comes through, as thoroughly as possible.

Your valiant effort in assisting in the education of our students is what helps to keep this institution ranked among the top in the country.

For questions regarding the clerkship, please contact Michelle Aubuchon at [aubuchonm@neuro.wustl.edu](mailto:aubuchonm@neuro.wustl.edu)

# Honors & Awards & Welcoming New Faculty

## Congratulations!!

- Randy Bateman, MD, and Chris Weihl, MD, PhD both received recognition in "Neurology Today" for their recent publications in *Nature Medicine* and *Neurology*.
- Memory Diagnostic Center faculty and staff received an award from Faculty Practice Plan for receiving best Patient Satisfaction Scores at the annual Clinical Employee Awards on Sep-

tember 15, 2006.

- Anne Fagan, PhD: Award for Best manuscript for new investigator in Imaging Research at Alzheimer's Disease, International Meeting of the Alzheimer's Assn., Madrid, Spain.

## Welcome!!

The following faculty started their appointments at Washington University between 7/1/06 and 10/1/06

- Todd Schwedt, MD, Assistant Professor, General Neurology, specialty: headache
- Mary Bertrand, MD, Assistant Professor, Pediatric Neurology, specialty: pediatric epilepsy
- Ed Hogan, MD, Associate Professor and Section head, Adult epilepsy

## GRANTS—Start Dates of 7/1/06—9/30/06



**Jim Galvin** **New**  
Alzheimer's Association  
"Factors Predicting Physicians' Intention to Evaluate Patients for Dementia" The

major goals of this project are to gain an understanding of attitudes, beliefs and knowledge of aging, dementia and treatments in a primary care physicians and how new findings are incorporated into medical practice. During the project, we will interview 875 primary care physician's across the state of Missouri.

**Mark Goldberg Renewal** US NIH P01  
"Cell-Cell Interactions and Hypoxic Brain Injury"  
5 year 1.2 million annual award

**Christine LaPash** **New**  
Mentor: Mark Goldberg  
American Heart Association Fellowship

**David Holtzman** **New**  
Cure Alzheimer's Fund  
"Role of Synaptic Activity and Neurotransmitter Modulation in the Dynamic Regulation"

**David Holtzman** **New**  
US NIH P30 5 year grant 1.6 million annual award  
"Washington University Center for Translational Neuroscience"

**Mike Howard** **New**  
University of Missouri – Columbia  
"Functional CNS Remyelination by Transplants ES Cell-derived Oligodendrocytes (Rat Model)"

**Jessica Koenigsnecht-Talboo** **New**  
Sponsor: David Holtzman US NIH – NRSA

**John Rinker** **New**  
Mentor: Anne Cross  
National Multiple Sclerosis Society Fellowship

**Brad Schlaggar** **New**  
US NIH K02  
"Development of Orthographic Knowledge: FMRI Studies"

**Bob Baloh** **New**  
Muscular Dystrophy Association  
"Mechanism of Peripheral Neuropathy from Mitofusion 2 Mutations"

**Alexander Parsadanian (co-PI), Susan Mackinnon (PI, Surgery Dept.)** **New**  
US NIH/NINDS R01  
The Effects of GDNF on Peripheral Nerve Regeneration.

**Christian Sheline** **New**  
US NIH/NIDDK R01  
Type-1 Diabetes: Zn2+ Potentiated b-Cell Death by Sirtuin-Mediated NAD+ Loss.

### Washington University Department of Neurology Newsletter

Attention: Michelle Aubuchon  
660 South Euclid Ave.  
Campus Box 8111  
St. Louis Mo 63110  
Phone: 314-362-7177  
Fax: 314-362-2826  
E-mail: aubuchonm@neuro.wustl.edu



Congratulations to the following employees for their extensive dedication and hard work to the Department of Neurology.

Your loyalty is greatly appreciated.

5 Years of service:

Liz Vansickle	10/8/2001
Elizabeth Tubbs	10/15/2001
Donald Vinzant	10/22/2001
Laura Good	11/10/2001
Kathleen Goggio	11/26/2001
Freda Branch	12/1/2001

